

	<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<u>Breakfast</u>	Cinnamon Muffins, Eggs Bacon Fruit	French toast Eggs Bacon Fruit	Breakfast Burritos (Sausage, Hashbrowns, Eggs) Fruit	Pancakes Bacon Eggs Fruit	Chocolate / Blueberry Muffins Eggs, Sausage Fruit	Oatmeal Fruit	Waffles Fruit
<u>Lunch</u>	Soup / Crock pot	Turkey or Taco Salad	Grilled Cheese & Soup	Burrito or Corn dogs	Ham & Turkey Sandwiches	Sloppy Joe's	Your choice
<u>Dinner</u>	<u>Crock pot</u>	<u>Pasta</u>	<u>BBQ or Salad</u>	<u>Casserole</u>	<u>Ethnic</u>	<u>Date Night Pizza!</u>	<u>Smorgasbord</u> -
<u>Week 1</u>	Roast Beef	Chicken Basil	Shish Kabob	Swiss Chicken	Enchiladas		
<u>Week 2</u>	Potato & Sausage Soup	Spaghetti	Turkey Salads	Ham & Potato Casserole	Stir Fry Chicken & Broccoli		
<u>Week 3</u>	Pork Roast	Meatball Alfredo	BBQ Chicken	Tuna Casserole	Burritos		
<u>Week 4</u>	Chili / Corn Bread	Lasagna	Cob Salad	Hamburger Potato	Curry Chicken		
<u>Week 5</u>	Roasted Chicken	Angel Shrimp	BBQ Ribs	Chicken Pot Pie	Taco Salad		